

SPHP Cancer Care Service Line News



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January
2020



MEET THE STAFF

Medical Records in Albany:

Wendy Thela, Barbie Ruano, China Pacheco And Michele Pacifici



L-R

Jennifer Wiltbank, Mary Abrahms, Shannon Middleton, Kathy Walker, Myra Thompson, Heather Burke, Heather Ferris, Patti Macaluso, Kelsey Schlutow, Sharon Ragaini, Ashley Newel, Tanya French

Troy and Albany Cancer Registry

Coming in February Cancer Services Program

****SAVE THE DATE. The Cancer Care Centers Holiday Party is January 18 at the Holiday Inn Express in Latham. Details to follow, but this is for both the Albany and Troy offices.**

The Nancy B. Clemente Cancer Fund is 13 Years Strong!

By Nancy B. Clemente

My personal experiences with breast cancer that began 21 years ago, coupled with my career in healthcare as an Occupational Therapist, were the driving forces that prompted me to do something in our community to assist cancer patients during their journeys. I have appreciated the teaching and teamwork aspects of working with patients in the specialized field of Hand Therapy. I thought that perhaps now someone else could learn from my acquired knowledge during a two time breast cancer diagnosis and all that entails.....the medical, physical, emotional and spiritual aspects.

I feel very connected to the Capital District as I was born and raised in Albany and have spent the last 26 years of my professional career at Albany Memorial Hospital. My husband and I have lived in the town of Brunswick for 36 years where we raised our two sons. We now have the blessings of daughters-in-law and grandchildren. My cancer surgeries and treatments were all done nearby.

It was around 2006 when I learned that a new comprehensive cancer care center was being developed in Rensselaer County. I knew I wanted to be involved. So in 2007 I founded the Nancy B. Clemente Cancer Fund, an all volunteer, non-profit organization dedicated to promoting cancer wellness during the treatment phase and beyond. Encouraging others not to just survive from cancer but to thrive! I call myself a Thriver because I can relate to the positive connotation of this word. I have survived my cancer diagnoses and now I choose to flourish into health and wellness because I desire for a long life of adventures!

The mission of the Nancy B. Clemente Cancer Fund is to promote thrivership, educational initiatives related to cancer for both the community and healthcare providers, access to lymphedema management and to support fundraising efforts to sustain the viability of the fund. Since its inception the Fund has hosted seven annual educational/wellness dinner events, and continues to provide lymphedema compression garments for breast cancer patients with financial burdens, hosts a monthly "Thrivers Connection Education Series" luncheon at St. Mary's Campus in Troy, sponsors the Cancer Fitness & Wellness Program at Samaritan Hospital in Troy, offers complimentary consultations to cancer patients seeking guidance and collaborates with cancer community partners to host educational events and retreats and create resources for those seeking information regarding cancer services in our area. Ongoing fundraising efforts have allowed for uninterrupted, free services along with the generous donation of "time and talent" from our volunteers. For all of this support I am truly grateful. I am encouraged to continue this mission every time I receive a "thank you" from a recipient of services or a participant in a program.

The Nancy B. Clemente Fund monies are held by the Northeast Health Foundation, a legacy organization of the SPHP Center for Philanthropy. Please visit the fund website for additional information: www.clementefund.org or contact me at: nancy@clementefund.org

**Nancy B. Clemente Thrivers
Education Luncheon Schedule**

Thursdays 12-1pm, 2020

Jan 9 July 9

Feb 13 August 13

April 9 Oct 8

May 14 Nov 12

June 11 Dec 10

Leonard Board Room

All Cancer Thrivers Welcome

Lunch is provided

Nancy B Clemente: *With Courage We Thrive*



nancy@clementefund.org

518-858-3738

www.clementefund.org

Mexican Hot Cocoa For a Slow Cooker

- 4 cups 2% milk
- 7 tbsp. cocoa
- 1/4 cup maple syrup
- 1 tsp vanilla
- 1 1/2 tsp cinnamon
- 1/4 tsp nutmeg
- 1/4 tsp cayenne powder
- Whisk together, mix in milk
- Slow Cooker on *Low* for one hour

Breakfast Cookies

- 1 large ripe banana
- 2 tbsp. pumpkin puree
- 1/2 tsp vanilla, 1/2 tsp cinnamon
- Pinch of salt, ginger, nutmeg, and ground cloves
- 1/4 cup old fashioned rolled oats
- 1/4 cup quick cooking rolled oats
- Handful of dried fruit of choice (raisins, cranberry, cherries)
- Place spoonful's of dough on cookie sheet
- Bake 15-20 minutes at 375 degrees
- Makes 7-10 cookies

The perfect activity to pair with Hot Cocoa and Cookies is Ice Skating at the Empire State Plaza.

Hours:

M-F 12-3:30 and 4:30-8pm Sat & Sun 12-2, 3-5 and 6-8

Saturday is Free Skate Rental day courtesy of Hannaford Grocery

Skate Rental Fees \$4 for adults and \$3 for kids

Photo ID required to rent





Sweater Contest 2019



Funds from Sock Out Cancer Gifted 20 Albany patients with \$100.00 Gift Cards to Price Chopper

Albany Cancer Care was awarded a \$1000.00 grant to place a Sunscreen Dispenser in the Courtyard. Details coming this spring.

Congratulations to Donna Julian for receiving a Pin for being a Certified Clinical Research Coordinator for 20 years! She was presented the pin at the ACRP National Meeting in Nashville

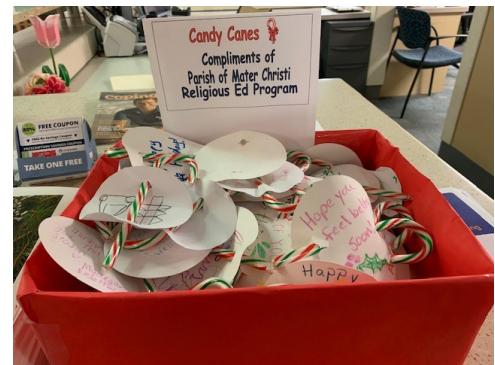
The winners of the Christmas Trivia Contest were Bonnie Mahoney from the Troy Office and Donna Julian from Research. Both won a \$5.00 GC from Dunkin Donuts.

NEWS TO SHARE

December Spot Award Winners: Meredith Robison, Cheryl Carroll, Erica Kordyjak, Shannon Ransford and Emilie Cifrain. Congratulations!



Get Your Rack Back delivered stockings to our Cancer Care Centers for our patients.



Mater Christi Religious Education annual Candy Cane donation to the Radiation Waiting area.



Dr T receiving cookies from a very special patient



The research team of Bles Nuqui, Annalyn Infantado, Donna Julian and Dr. Shail Mangi enjoying the holiday season.





Tumor Board Coordinators

Patty Macaluso and Heather Burke

Heather and Patti may be reached at (518) 525-1259 or via email at heather.a.burke@sphp.com and patti.macaluso@sphp.com.

The cancer registry team is excited to introduce you to our two tumor board coordinators, Heather Burke and Patti Macaluso. Heather and Patti will be handling everything related to tumor boards including case collection, agenda distribution and requests for outside studies.

As we continue to work toward a unified Cancer Service Line, we are now offering tumor boards at both St. Peter's (3rd floor cancer center conference room 7:30-8:30am) and Samaritan (Pattison boardroom 12-1pm) campuses.

Beginning in 2020, the tumor board schedule will be as follows:

Hepatobiliary TB: 2nd and 4th Mondays of the month at SPH

General TB: 1st and 3rd Tuesdays of the month at SAM

Rectal TB: 3rd Wednesday of the month at SPH

Breast TB: each Thursday of the month at SPH

Genitourinary TB: 1st Friday of the month at SPH

Thoracic TB: 2nd Friday of the month at SPH

****Gynecologic Oncology TB (coordinated by WCCA): each Wednesday of the month at SPH at 4pm**

Webex opportunity is offered at all tumor boards, except GYN TB. This will allow participants to join the tumor board from any location while still being able to see the radiology/pathology and hear and participate in the discussion.

Additional information for how to add a case to an agenda for tumor board discussion, how to Webex and how to claim CMEs will be coming from Heather and Patti. We encourage utilization of any of the tumor boards that fit your needs or the needs of your patient.

Tumor boards provide an excellent opportunity for multidisciplinary discussion and treatment planning and we look forward to your participation in 2020!

Thank you,
Heather Ferris, MHA, RN, CTR



Congratulations to the Troy Radiation Oncology group for winning the high score for Press Graney last quarter for a Small Practice.



BEHIND EVERY PATIENT THERE IS A TEAM...

Do you have news to share or an article you want to write? Events, promotions, weddings, births, honors, certifications.... This is the place. Please Contact Anne Lawton or Jackie Dorn with news and we will post it in the next Newsletter.